



DANCETRINITY
inspire evolve participate

June 2019
studio class schedule

www.dancetrinity.com

STRETCH & CONDITIONING - SASHA

LATEST NEWS!

THIS MONTH WE HAVE UPDATED TIMES FOR BALLET CLASSES ON TUESDAY LUNCHTIMES, NEW LEVEL 2 MODERN JAZZ CLASS ON MONDAY EVENINGS, NEW GENTLE FLOW YOGA ON FRIDAYS AND WE WELCOME ANDRES TO THE FACULTY WHO WILL BE TEACHING HIS UNIQUE MOVEMENT CULTURE METHOD ON MONDAY, WEDNESDAY AND FRIDAY EVENINGS! CHECK THESE NEW CLASSES OUT!

UPCOMING COURSES - MUST register in advance

Courses are either special one-off workshops or easy introduction courses to get you ready for the pace of the walk-in classes. Unlike our walk-in classes, courses are progressive, meaning each class builds on the previous one requiring you to have attended all sessions.

SALSA ABSOLUTE BEGINNERS - 4 week course

Day/Time: TUESDAYS 21:00 - 22:00

Dates: 9, 16, 23 & 30 July

Instructor: Alexandre

Fee: HK\$750

Deadline: Register by 8th July

SPECIAL EARLY BIRD RATE HK\$600 if paid by 2nd July

BOLLYWOOD DANCE PERFORMANCE COURSE - 3 week course

Day/Time: SUNDAYS 12:30 - 13:30

Dates: 7, 14 & 21 July

Instructor: Binita

Fee: HK\$540

Deadline: Register by 6th July

SPECIAL EARLY BIRD RATE HK\$470 if paid by 30th June

PRIVATE LESSONS

Once you have grasped the basics, you may want to refine your technique, speed up your learning and ask more specific questions that can only be addressed in private lessons. To arrange, please send an email to info@dancetrinity.com with your request.



Movement Culture follows the system developed by Ido Portal and is based on Ido's movement perspective. The goal is to develop a general movement practice, using a variety of methods, techniques and systems to help students to "write their own body manual". Using movements from different disciplines, the idea is to free the body and enhance awareness, strength, flexibility and mobility without being tied to fixed forms or limited postures.

Remember, we're open 365 days a year, even on public holidays and in most typhoon signals. For any scheduled cancellations, please check the holidays section overleaf.

DROP IN RATES & SPECIAL OFFERS

Passes can be used to access all classes from our walk-in schedule. Mix and match or focus on one style, the choice is yours!

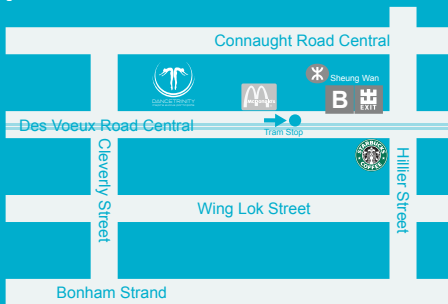
	WALK IN 1 class	5 CLASS PASS 2 Week Expiry	8 CLASS PASS 1 Month Expiry	3 Month Expiry	UNLIMITED PASS 1 Month Expiry
ADULT	HK\$180	HK\$680	HK\$1200	HK\$1300	HK\$2880
Under 21 (with ID)	HK\$120 \$80	HK\$510 \$300	HK\$800 \$520	HK\$870 \$580	HK\$2000 \$1500

*Discount pass expiry dates start from date of purchase. Passes are only valid for walk-in classes not courses. Terms and conditions apply, please see your pass for details.

UNDER 21 SPRING/SUMMER SPECIAL

Above prices are shown discounted 20% off for Under 21's for Spring/Summer!!

LOCATION



Sheung Wan MTR Exit B - turn right, walk 15 seconds

 +(852) 9634 9770

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